

2011 TOTAL HEALTH FAIR

HEALTH & WELLNESS EXPO

FREQUENTLY ASKED QUESTIONS

What is Total Health Fair; Health and Wellness Expo?

Total Health Fair is a 2 day weekend health and wellness expo designed to increase community awareness and knowledge of all forms of healthcare and healthy living opportunities that are available to the residents of the lowcountry. The areas of interest that will be promoted at this event will include: Health Care Providers, Organic and Healthy Foods, Organic and Healthy Products, Organic and Healthy Lifestyles, & Green Living Opportunities.

When is Total Health Fair?

Total Health Fair will be held

- ☞ Saturday, January 15, 2011 from 10 am - 5 pm
- ☞ Sunday, January 16, 2011 from 12 pm - 4 pm

What about parking?

Free parking is available at the Omar Shrine Convention Center.

Will food be available at the event?

Yes. There will be food exhibitors serving healthy foods and beverages as well as a separate dining area to enjoy these foods.

Will there be any specials during the weekend?

YES!! Many of the exhibitors will be holding door prizes but the first 250 attendees to the event will receive goodie bags, so in this case the early bird does get the goodie bag!!

How much does the show cost for attendees?

Nothing; Total Health Fair is a FREE community sponsored and community run event.

I know several people who would love to volunteer for the event, where should I send them?

Thank you! Our volunteers are the core of our event! Please send them to the volunteer section of the Total Health Fair website. Once there, they can view all available shifts and register online. <http://www.charlestonhealthfair.com/volunteer>

Will there be restrooms at the event?

Yes, there will be restrooms located throughout the convention center.

What if I still have a question?

No problem. Contact us at 843.402.0310 or send us an email at TotalHealthFair@bellsouth.net and we will work together to find a solution for any questions that you may have.